

Rising Runners Summer Program

What: The Rising Runners Program aims to introduce the sport of running to Clay Community Schools students in grades Kindergarten – 8th grade and encourage them to adopt running as part of a healthy lifestyle.

When: June 1st – June 24th

Days per week: Tuesdays & Thursdays

Time: 4:45 PM – 6:00 PM

Where: Northview High School Track

Fee: \$28



Program Objectives: The objectives of the Rising Runners program are to develop cognitive, physical, and social skills:

- **Cognitive:** Develop physically literate kids engaged in an organized, goal-oriented running program that combines instruction on key running concepts with practical demonstrations of and participation in running activities.
- **Physical:** Develop the ability to walk or run for 30 minutes several days per week.
- **Social:** Develop character skills, such as good sportsmanship, perseverance, keeping a positive attitude, setting and achieving goals, and understanding the importance of maintaining a healthy lifestyle.

Program Sponsors:

Northview Knights Cross Country



How to register: Return the attached form with payment to:

Coach Tim Rayle
Clay Community Schools
1013 South Forest Ave.
Brazil, IN 47834

*Make checks payable to **Northview Cross Country**



Grades K - 8 Rising Runners Program

Held at the Northview High School Track

Tuesdays & Thursdays June 1st – June 24th

4:45 PM – 6:00 PM



Participants must be students attending Clay Community Schools All registrations must be received by May 28

PARTICIPANT INFORMATION					
Last Name:		First Name:		Middle Initial:	
Address:			Contact Number: ()		
City:		State:		ZIP Code: <input type="checkbox"/> M <input type="checkbox"/> F	
Date of Birth: / /		Age:	Current School:		
email address:					
Emergency contact name:			Emergency contact phone number:		
T-shirt size (circle one): YOUTH: S M L ADULT: XS S M L XL XXL					

INFORMATION			
Grades Kindergarten - 8th			
<p>Activities 2X per week June 1st through June 24 at the Northview High School Track</p> <ul style="list-style-type: none"> ➤ Directed and supervised by the Northview Cross Country Coaching Staff ➤ Daily activities will be conducted by members of the Northview Cross Country Team 	<p>Rising Runners Program cost = \$28.00</p>		
	<p>Make checks payable to: Northview Cross Country Send registration to: Tim Rayle, Clay Community Schools, 1013 S Forest Ave, Brazil, IN 47834</p>		
	<table border="1" style="width: 100%;"> <tr> <td style="width: 70%;">Total amount enclosed:</td> <td style="width: 30%;">\$</td> </tr> </table>	Total amount enclosed:	\$
Total amount enclosed:	\$		

I know that running is a potentially hazardous activity that could cause injury or death. I should not enter my child and let them run unless they are medically able and properly trained, and by my signature, I certify that they are medically able to perform this event, are in good health, and are properly trained. I agree to abide by any decision of the program directors relative to any aspect of my child's participation in this event, including the right of any official to deny or suspend my child's participation for any reason whatsoever. I assume all risk associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my child's registration, I for myself and anyone entitled to act on my behalf, waive and release Clay Community Schools, its officers and agents, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my child's participation in this event. NO REFUNDS.

Name of Parent / Guardian: _____ Date: _____

Parent or legal guardian signature: _____